

!" #&/  
4;O <548G=>3> 70AB>AC20==O ;V:0@AL:>3> 70A>1C

® / "  
(NASIC® FOR KIDS)

!::04:

4VNGV @5G>28=8: :A8;<5B07>;V=C 3V4@>E;>@84 B0 45:A?0=B5=>;.

1,0 3 @>7G8=C , 50 <3 45:A?0=B5=>;C.

4=5 @>7?8;5==O 0,1 <; @>7G8=C (5:2V20;5=B=> 0,10 3)

4>?>28=8: 15=70;:>=VN E;>@84C @>7G8=, :0;VN 483V4@>D>AD0B, 48=0B@VN 3V4@>D>AD0BC

4>45:03V4@0B, 2>40 >G8I5=0.

V:0@AL:0 D>@<0.

!@59 =070;L=89, @>7G8=.

A=>2=V DV78:>-EVABV:

5710@2=0 ?@>7>@0 @V48=0.

\$0@<0:>B5@0?52B8G=0 3@C?0. @>B8=01@O:>2V B0 V=HV @8=>;>3VG=V ?@5?0@0B8 4;O 3>  
70AB>AC20==O. !8

>4 "% R01A B.

\$0@<0:>;>3VG=V 2;0AB82>ABV.

\$0@<0:>48=0

8=>;>3VG=89 ?@5?0@0B, :<1V=0FVO 0;LD0-A83> 70AB>AC20==O =0 A;87>2C =>A0. A8;<5B07>;V=  
<0T AC48=>72C6CNGC 0:B82=VABL, 2=0A;V4>: G>3> CAC20T =01@O: A;87>2>W >1>;>=:8.

5:A?0=B5=>; T ?>EV4=8< ?0=B>B5=>2>W :8A;>B8 (2VB0 B<sub>5</sub>), I> A?@8OT 703>N20==N @0= B0 70E8I0T  
A;87>2V >1>;>=:8.

A8;><5B07>;V=C 3V4@>E;>@84

A8;><5B07>;V=C 3V4@>E;>@84, ?>EV4=5 V;C, T 0;LD0-04@5=5@3VG=8< A8G0B>: 4VW 70728G09  
=0AB0T G5@57 5-10 E2, 9>3> ?@>O2>< T ?>;53H5==O =>A>2>3> 48E0==O 2=0A;V4>: CAC=5==O  
=01@O:C B0 ?>:@0I0==O 282545==O 284V;5=L.

5:A?0=B5=>;

5:A?0=B5=>; (D-(+)-?0=B>B5=V;>289 A?8@B) T A?8@B>28< 0=0;>3<< ?0=B>B5=>2>W :8A;>B8 B0,  
7024O:8 ?@>=25@AVW,<0T B0:C 6 1V>;>3VG=C 0:B82=VABL, O: V ?0=B>B5=>20 :8A;>B0, ?@>B5  
1V>;>3VG=> 0:B82=>N T ;8H5 ?@02>?>2>@>B=0 D-:>=DV3C@0FVO. 0=B>B5=>20 :8A;>B0 B0 WW  
A>;V T 2>4>@>7G8==8< 2VB0FC:@V2, O:V T >A=>2=8< 1C4V25;L=8< <0B5@V0;< 4;O @V7=8E  
?>;VA0E0@84V2.

5:A?0=B5=>; 70E8I0T H0@8 5?VB5;VN B0 A?@8OT 703>N20==N @0=.

\$0@<0:>:V=5B8:0.

A8;><5B07>;V=C 3V4@>E;>@84

45O:8E 28?04:0E V=B@0=070;L=5 70AB>AC20==O ?@872>48BL 4> B>3>, I> 7=0G=0 :V;L:VABL  
01A>@1CTBLAO, A?@8G8=ONG8 A8AB5<=89 2?;82, =0?@8:;04 =0 F5=B@0;L=C =5@2>2C B0  
A5@F52>-AC48==C A8AB5

\$0@<0:>:V=5B8G=V 40=V AB>A>2=>;N459 2V4ACB=V.

5:A?0=B5=>;

5:A?0=B5=>; 01A>@1CTBLAO G5@57 H:V@C B0 707=0T :0B0;V7>20=>3> 5=78<<< >:8A=5==O 4>  
?0=B>B5=>2>W :8A;>B8 2 BV;V B0 2 ;VB8=0E H:V@8. VB0A8BLAO 2 ?;07B5W=>< D>@A;V465==O  
<5B01>;V728E >1>;>=:0E 2V4ACB=V. 60-70% ?@89=OB>W ?5@>@0;L=> 4>78 284V;OTBLAO 7 A5G5N  
B0 30-40% 7 5:A:@5<5=B0<8.

;V=VG=V E0@0:B5@8AB8:8.

>:070==O.

- 0;:045=VABL =>A0 ?V4 G0A 3>AB@>3> @8=VBC;
- A?@8O==O 703>N20==N H:V@8 =02:>;> =>A>28E E>4V2 B0 ?>H:>465=L A;87>2>W >1>;>=:8 2 =>A>2V9 ?>@>6=8=V;
- 207><>B>@=89 @8=VB (rhinitis vasomotorica);
- ?>@CH5==O =>A>2>3> 48E0==O ?VA;O EV@C@3VG=8E 2B@CG0=L C =>A>2V9 ?>@>6=8=V.

@>B8?>:070==O.

V428I5=0 GCB;82VABL 4> 1C4L-O:>3> 7 V=3@54VT=BV2 ?@5?0@0BC, ACE5 70?0;5==O A;87>2>W =>A0 (rhinitis sicca), 3>AB@V :>@>=0@=V 70E2>@N20==O, 2;:;NG0NG8 A5@F52C 0AB7, 70:@8B>:CB>20 3;0C:><0, B@0=AD5=>W40;L=0 3V?>DV75:B>3>;N20==O< <>7:>2>W >1>;>=:8 2 0=0 <=57V. !C?CB=T ;V:C20==O V=3V1VB>@0<8 B0 ?@>BO3>< 2 B86=V2 ?VA;O ?@8?8=5==O WE 70AB>AC20==O.

@5?0@0B =5 70AB>A>2CTBLAO 4VBO< 4> 2 @>:V2.

07V:® 4;O 4VB59 =VN E;>@84, 0 B>3> =5 A;V4 70AB>A>2C20B8 ?0FVT=B0< 7 2V4><>N ?V428I5=>N GCB;82VABN 4> FVTW @5G>28=8.

A>1;82V 70E>48 157?5:8.

&59 ;V:0@AL:89 70AV1 A;V4 70AB>A>2C20B8 ;8H5 ?VA;O @5B5;L=>3> >FV=N20==O

A?V22V4=>H5==O @878:/:>@8ABL:

- ?0FVT=B0<, O:V 70AB>A>2CNBL ;V:0@AL:V 70A>18, I><0NBL 740B=VABL ?V428IC20B8 0@B5@V0;L=89 B8A;;
- ?0FVT=B0< 7 ?V428I5=8< 2=CB@VH=L>>G=8< B8A:><;
- ?0FVT=B0< V7 D5>E@><>F8B><>N;
- ?0FVT=B0< 7 3V?5@?:07VTN ?5@542>W 70;>78;
- ?0FVT=B0< 7 ?>@DV@VTN.

@5?0@0B =VN E;>@84, O:89 <>65 28;:8:0B8 ?>4@07=5==O A;87>2>W >1>;>=:8 =>A0.

@>B8=01@O:>2V A8AC20==V 01> C 28?04:C ?5@54>7C20==O, ?@8725AB8 4> @50:B82=>W 3V?5@5 2>W =>A0.

&59 >1>@>B=89 5D5:B ?@872>48BL 4> 72C65==O ?>2VB@O=8E E>4V2, I> 72B>@=> 70AB>A>2C20B8 ;V:0@AL:89 70AV1 06 4> E@>=VG=>3> 70AB>AC20==O.

&5 ?@872>48BL 4> E@>=VG=>3> =01@O:C (rhinitis medicamentosa) 06 4> 0B@>DVW A;87>2>W >1>;>=:8 ?>@>6=8=8 =>A0 (ozaena).

# ;53:8E 28?04:0E <>65 1CB8 4>AB0B=V< ?@8?8=8B8 70AB>AC20==O A8

@5?0@0B, O: V V=HV ?@5?0@0B8 FVTW 3@C?8, A;V4 7 >15@56=VABN 70AB>A>2C20B8 ?0FVT=B0<, O:V <0NBL A8;L=V @50:FVW =0 A8W 0@8B3> B8A:C.

5 A;V4 ?5@528IC20B8 @5:><5=4>20=C 4>7C ?@5?0@0BC, >A>1;82> ?@8 ;V:C20==V 4VB59 B0 >AV1 ?>E8;>3> 2V:C.

!;V4 7 >15@56=VABN ?@87=0G0B8 ?@5?0@0B ?0FVT=B0< V7 A5@F52>-AC48==8<8 70E2>@N20==O <8, 0@B5@V0;L=>N 3V?5@B5=7VTN, E2>@8< =0 FC:@>289 4V015B, V7 70E2>@N20==O<8

I8B>284=>W 70;>78, 7 CB@C4=5=8< A5G>282545==O

>6=C C?0:>2:C <0T 28:>@8AB>2C20B8 BV;L:8 >4=0 >A>10, I>1 C=8:=CB8 V=DV:C20==O

70T<>4VO 7 V=H8<8 ;V:0@AL:8<8 70A>10<8 B0 V=HV 2848 270T<>4V9.

A8;><5B07>;V=C 3V4@>E;>@84

4=>G0A=5 70AB>AC20==O ?@5?0@0BC 7 B@0=V;F8?@>, V=3V1VB>@0<8 <=>0:A84078, B8?C B@8- 01> B5B@0F8;:VG=8E 0=B845?@5A0=BV2, 01> 7 β-04@5=>1;>:0B>@0<8 <>65 ?@8725AB8, 2=0A;V4>: 2?;82C F8E ?@5?0@0BV2 =0 A5@F52>-AC48==C A8AB5?V428I5==O 0@B5@V0;L=>3> B8A:C.

A>1;82>ABV 70AB>AC20==O.

0AB>AC20==O C ?5@V>4 203VB=>ABV 01> 3>4C20==O 3@C44N.

0AB>A>2CNBL 4VBO< 2V:> 2V4 2 4> 6 @>:V2.

40B=VABL 2?;820B8 =0 H284:VABL @50:FVW ?@8 :5@C20==V 02B>B@0=A?>@B× 01> 7 V=H8<8  
<5E0=V7<0<8.

0AB>A>2CNBL 4VBO< 2V:× 2V4 2 4> 6 @>:V2.

!>AV1 70AB>AC20==O B0 4>78.

07V:® 4;0 4VB59 70AB>A>2CNBL 4VBO< 2V:× 2V4 2 4> 6 @>:V2.

;O =070;L=>3> 70AB>AC20==O 4VBO

07V:® 4;0 4VB59 A;V4 70AB>A>2C20B8 ?> >4=>7?8;5==N ?@5?0@0BC 2 :>6=C =V74@N =5 1V;LH5  
B@L>E @07V2 =0 45=L. >7C20==O 70;568BL 2V4 V=482V4C0;L=>W GCB;82>ABV B0 ;;V=VG=>W  
@50:FVW.

@8 70AB>AC20==V ?@5?0@0BC 07V:® 4;0 4VB59 D;0:>= A;V4 B@8<0B8 25@B8:0;L=>. V4 G0A  
@>7?8;5==O ?0FVT=BC A;V4 ;53:> 248E=CB8 =>A>

07V:® 4;0 4VB59 =5 A;V4 70AB>A>2C20B8 4>2H5 7 4=V2, :>@V< 28?04:V2, :>;8 F5 @5:×5=4>20=>  
;V:0@5<.

5@54 70AB>AC20==O< 7=V2389 70E8A=89 :>2?0G>:. V4:@CBVBL :@8H:C 7 D;0:>=0 B0 =0:@CBVBL  
=0A04:C 4;O @>7?8;5==O =0 D;0:>=. =V2?0G>: 7 =0A04:8 4;O @>7?8;5==O. 5@54 ?5@H8<  
70AB>AC20==O< A?@5N =070;L=>3> =0B8A=VBL 45;V;L:0 @07V2 =0 =0A04:C 4> ?>O28 4@V1=>3>,  
@V2=>3> @>7?8;5==O. 254VBL =0A04:C C =V74@N B0 =0B8A=VBL >48= @07, ?>BV< ?>2B>@VBL  
4;0 4@C3>W =V74@V. VA;O 28:>@8AB0==O 70:@8B8 =0A04:C 70E8A=8< :>2?0G>:

VB8.

0AB>A>2CNBL 4VBO< 2V:× 2V4 2 4> 6 @>:V2.

5@54>7C20==O.

!8<8 V=B>:A8:0FVW ?>EV4=8<8 V;C <>6CBL 1CB8 ;;V=VG=> =5OA=8<8, >A;V;L:8 ?5@V>48 AB8  
5@54>7C20==O, >A>1;82> C 4VB59, <>65 ?@8725AB8 4> 7=0G=>3> 2?;82C =0 F5=B@0;L=C =5@2>2C  
A8AB55 B0 0@B5@V0;L=C 3V?5@B5=7VN, I> <>65 7B5=7VN.

> A8W =5@2>2>W A8AB5<8 =0;560BL B@82>6=VABL, 71C465==O, 30;NF8=0FVW B0 AC4×8.

!8<8 45?@5AVW F5=B@0;L=>W =5@2>2>W A8AB5<8 28O2;ONBLAO C 283;O4V 7=865==O B5ABV,  
A>;82>ABV B0 :><8.

>6;82V V B0:V 4>40B:>2V A8<8: 7, B0, FV0=>7, 30@OG:0, 1;V4VABL H:V@=8E ?>:@82V2,  
B0EV:0@4VO, 1@048:0@4VO, 7C?8=:0 A5@FO, A5@F520 0@8B>?>4V1=0 3V?>B5=7VO, =01@O:  
;535=V2, ?@83=VG5==O 48E0==O B0 0?=>5, V=:>;8 7 ?>@CH5==O< A2V4×>ABV.

V:C20==O ?@8 ?5@54>7C20==V

"O6:5 ?5@54>7C20==O 28<030B8<5 ;V:C20==O C AB0FV>=0@V. A;V;L:8 :A8;×5B07>;V=C  
3V4@>E;>@84 H284:> 2A<.:BCTBLAO, A;V4 =5309=> 70AB>AC20B8 0:B82>20=5 2C3V;;O  
(01A>@15=B), =0B@VN AC;LD0B (?@=>A=5) G8 240B8AO 4> ?@×820==O H;C=:0 (?@8 28A>:8E  
4>70E). =865==O 0@B5@V0;L=>3> B8A:C <>6=0 4>AO3B8 70 4>?><>3>N =5A5;5:B82=8E 0;LD0-  
1;:>:0B>@V2. !C48=>72C6C20;L=V ?@5?0@0B8 ?@>B8?>:070=V. @8 =5>1EV4=>ABV 70AB>A>2CNBL  
60@>7=86C20;L=V B0 ?@>B8AC4×<=V ?@5?0@0B8, 0 B0:>6 HBCG=5 48E0==O.

0=B>B5=>20 :8A;>B0 V WW ?>EV4=V, B0:V O: 45:A?0=B5=>;<0NBL 4C65 =87L:C B>:A8G=VABL. #  
@07V ?5@54>7C20==O =VO:V ;V:C20;L=V 70E>48 =5 ?>B@V1=V.

>1VG=V @50:FVW.

>@CH5==O 7 1>:C =5@2>2>W A8AB5<8: 71C465==O, 157A>==O, ?V428I5=0 2B×;>N20=VABL,  
A>;82VABL, A540B82=0 4VO, 30;NF8=0FVW (>A>1;82> C 4VB59), 3>;>2=89 1V;L.

>@CH5==O 7 1>:C A5@F52>-AC48==>W A8AB5<8: ?@8A:>@5=5 A5@F518BBO, ?@8A:>@5=89  
?C;LA, ?V428I5==O 0@B5@V0;L=>3> B8A:C, =5@53C;O@=5 A5@F518BBO (0@8B).

>@CH5=O 7 1>:C :VAB:>2>-<'O7>2>W A8AB5<8 B0 A?>;CG=>W B:0=8=8: AC4><8 (>A>1;82> C  
4VB59).

>@CH5==O 7 1>:C VW A8AB5<8: @50:FVO 3V?5@GCB;82>ABV, 2;;NG0NG8 0=3V>=52@>B8G=89  
=01@O:, 28A8?0==O, A25@1V6.

>@CH5==O 7 1>:C >@30=V2 7>@C: B@0=78B>@=5 ?>3V@H5==O 7>@C.

>@CH5==O 7 1>:C H;C=:>2>-.8H:>2>W A8AB5<8: =C4>B0.  
>@CH5==O 7 1>:C >@30=V2 48E0==O, 3@C4=>W ;;VB:8 B0 A5@54>ABV==O: 48A:>@B 7 1>:C  
A;87>2>W >1>;>=:8 =>A0, ?>A8;5==O =01@O:C A;87>2>W ?@8 7=865==V 5D5:BC ?@5?0@0BC  
(@50:B82=0 3V?5@5A>20 :@>2>B5G0, ACEVABL, ?5GV==O7 1>:C A;87>2>W >1>;>=:8 =>A0, GE0==O.

"5@ABV. 3 @>:8.

VA;O ?5@H>3> 2V4:@8BBO- 12 B86=V2.

5 70AB>A>2C20B8 ?VA;O 70:V=G5==O B5@ABV, 707=0G5=>3> =0 C?0:>2FV.

#<>28 715@V30==O.

5 ?>B@51CT A?5FV0;L=8E C<>2 715@V30==O. 15@V30B8 C =54>ABC?=>

#?0:>2:0.

> 10 <; @>7G8=C C D;0:>=V, ?> 1 D;0:>=C @07>< 7 =0A04:>N 4;O @>7?8;5==O 2 :0@B>==V9 :>@>1FV.

0B53>@VO 2V4?CA:C.

57 @5F5?B0.

8@>1=8:.;>AB5@D@0C 5@;V= <1%/ Klosterfrau Berlin GmbH.

VAF57=0E>465==O 28@>1=8:0 B0 04@5A0 20465==O 9>3> 4VO;L=>ABV.

>BF5=5@ (B@0AA5 41, 12277 5@;V=, V<5GG8=0/ Motzener Strasse 41, 12277 Berlin, Germany.

0O2=8:.. □0AA5;;0-<54 <1% 5=4 >. / Cassella-med GmbH & Co. KG.

VAF57=0E>465==O 70O2=8:0.

5@5>=A